

Tails on the Trail



5K Run/1K Walk September 24, 2017

Registration: \$20.00 pre-registration fee will be accepted until September 10, 2017.
T-shirts for the first 100 entrants pre-registered. Race day registrations begin at 8:30 for \$25.00.
Race begins at 10:00 am.

Pre-registration forms may be sent to: DVHS, PO Box 182, Sidney, NY 13838

Questions can be directed to (607)563-9148

Divisions: Male and Female 12 and under; 13-19; 20-29; 30-39; 40-49; 50-59; 60 and over.

Prizes will be awarded to male and female first in each division and best male and female overall.

Name _____ Phone _____

Address _____ City _____ Zip _____

Emergency Contact _____ Emergency Phone _____

Age _____ Date of Birth _____ E-Mail Address _____

Shirt size _____

WAIVER AND RELEASE: I understand running a road race is a potentially hazardous activity, which could cause injury or death. I should not enter and run unless I am medically able to properly train. I agree to abide by any decision of a race official relative to any aspect of my participation in the event. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I waive and release the Town of Bainbridge, Chamber of Commerce, General Clinton Park, and Delaware Valley Humane Society from all claims or liabilities of any kind arising out of my participation in the event, even though that liability may arise out of negligence or carelessness on the part of the sponsoring organization. By this release I fully intend to discharge the said organizations from any and all injuries or losses suffered by me while participating in and traveling to and from this event.

Signature _____ Date _____

All Proceeds benefit the

